

FREE

Vol. 24 Issue 41/13

Friday 18th Oct - Thursday 24th Oct 2013



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT



Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

We believe
in quality



The **famous**
Superquinn Sausage
arrives in Kinsale



ONLY €4
Superquinn Award
Winning Irish Sausages
12 Pack 492g

Top Quality Irish Striploin Steak

Save €10

Was €23.99/Kg Now €13.99/Kg



Offers valid until 26th October 2013 while stock last.



Leg of Lamb

Save 33%

Now €9.71/Kg



Centre Loin of Lamb

1/2 Price

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Phone: 021 4772843
Fax: 021 4773137
Email: kinsale@supervalu.ie
Online: shop.supervalu.ie
Opening Hours:
Mon-Sat 8am-9pm, Sun 8.30am-9pm

smith's of Kinsale

SuperValu

Real Food, Real People

Kinsale
Photographic
Society



Learning. Photography. Together.

Hear Kinsale Professional Photographer

John Collins

Tuesday Evening, 22nd Oct - 7.30pm

St. Multose Hall, Kinsale

Cost: €5.00

Contact Tim 085 8466168
Email: kinsaleps@gmail.com

kinsaleps.com

The Spaniard

SCILLY, KINSALE

Tel: 477 2436 | www.thespaniard.ie

~ *Live Music* ~

Friday 18th October

Jug A Punch, 10.00pm

Saturday 19th October

For Folk Sake, 10.00pm

Wednesday 23rd October

Easy Folk with Joe, 9.30pm

Food Served 12-3pm: Mon to Fri
All Day Saturday & Sunday

RESTAURANT from 6pm
(Closed Tuesday & Thursday)

Private Parties Catered For
Call 021 4772436 for details

*Lose Weight & Tone Up this Autumn
the highly effective way...*



ZUMBA & ALL NEW ZUMBA TONING CLASSES

Bandon Town Hall Monday 21st Oct	ZUMBA TONING 9.45am
Kinsale Comm Park Wednesday 23rd Oct	ZUMBA BEGINNERS 11.00am
Bandon Town Hall Thursday 24th Oct	ZUMBA CARDIO & CORE 10.00am
Innishannon Hall Thursday 24th Oct	ZUMBA TONING 8.00pm



ENROLLING NOW: Contact 087 951 4346

Email: fitness.dk42@gmail.com

Facebook: Zumba Innishannon Parish Hall/Carrigaline GAA Hall



CoderDojo

KEEPING CODING COOL 4 YOUNG PEOPLE

FRIDAYS 7PM - 9PM
AVEGO

Kinsale Commercial Park
(Next to St. Multose School)

Bring laptop (and Parent if under 12)



www.kinsalecoderdojo.wordpress.com

www.coderdojo.com



[www.twitter.com/kinsalenews](https://twitter.com/kinsalenews)



www.facebook.com/KinsaleNews



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*Deposit secures your bike & weekly
 payments take the pressure off
 Easy Peasy!*

Ladies, Gents, Boys & Girls Bikes,
 all different sizes and colours.
 We even build and safety check all
 our bikes with no additional charge
 & we can store it for you, no probs!

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 ...Join our Christmas Club

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 021-4772703 myliemurphyshop@hotmail.com

Jim Edwards BAR & RESTAURANT



**Food Available
 All Day
 from 12pm**

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu
 2 Courses: €20
 3 Courses: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch
 €23.90 (4 Course)

Tel: 021 477 2541
www.jimwardskinsale.com

Gift Vouchers Available
 Excellent Ensuite Accommodation



Buy 2 Get 1 Free



**FREE
 CAR WASH
 WORTH €10**

€10 Wash including Hand Wash,
 Liquid Wax & Dry
 (Including Wheels & Tyre Shine)

Special Offer for Saturday

Can be used for several different cars.
 Valid until 14th December 2013

**THE GLEN, KINSALE
 087 610 0144**

Kinsale Academy of Hairdressing and Barber Shop

23 Main St, Kinsale

NOW OPEN

BARBERING & HAIRDRESSING COURSES

No prior skills or knowledge required.
 All equipment is provided.

Dry Cuts from €8 - Wet Shaves - O.A.P. €8
 Hair Colouring - Ear Piercing etc.



To book classes please contact
 Greg The Barber or phone 087 962 11 58
 Email: kinsale.academy@gmail.com

THE HOUSE OF HAIR

Guardwell, Kinsale
Prop. Donna Murphy

CELEBRATING 8 YEARS
on 1st October.

*Donna & the girls are very grateful for
all your support over the years & hope
to see you for many more to come.*

€100 GIVEAWAY

Entry into draw for €100 Voucher
with every Colour (Mesh etc)
& every Wash, Cut & Blow Dry
From 4th Oct - 31st Oct

Blow Dry Bar

STRAIGHT €10 CURLY €15
EVERY MON, TUES & THURS

CALL FOR APPOINTMENT: **021 477 2526**

OPEN MON: FROM 10am TUES, WED & FRI: 9am-6pm
THURS: 9am-LATE (BY APPOINTMENT) SAT: 8.30am-5pm



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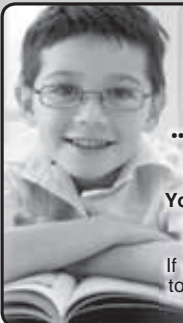


KENNEDY'S OPTICIANS

Pearse St., Kinsale  Tel: 021 4773595

Keeping Kinsale Focused

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**...DYSLEXIA?
...READING DIFFICULTIES?
...VISUAL STRESS?**

Your child may benefit from specialised colour filtered lenses which we can prescribe & dispense at Kennedy's

If you need any further information or wish to discuss any of the above please do not hesitate to contact us or call in.

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Medical Cards/PRSI Welcome • Contact Lenses
Coloured Contact Lenses • Safety Spectacles

FULL EYE EXAMINATIONS

INCLUDING:

- ✓ Glaucoma Screening
- ✓ Diabetic Screening if Necessary
- ✓ Age Related Macular Degeneration Screening

OPENING HOURS: TUES TO THURS: 9.30am-5.30pm, FRI: 8.30am-5.30pm, SAT: 9.30am-3.00pm

The White House

FULLY LICENCED GUESTHOUSE & BAR



Guest Accommodation
4 Star AA Guesthouse



Food Served 8am to 10pm
~ Special Value Menu ~
12pm to 10pm



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Sat 19th Oct 10.30pm Don & Sean
Thur 24th Oct 9.00pm Shane & Friends

**BT & SETANTA SPORT
LIVE PREMIERSHIP SOCCER**

LIVE HEINEKEN CUP RUGBY

Sat 19th Oct, 3.40pm: Leinster v Castres
Sat 19th Oct, 6.00pm:

Munster v Gloucester

Your hosts The Frawley Family & Staff

T: 4772125 www.whitehouse-kinsale.ie

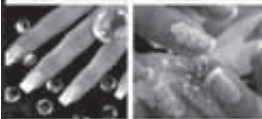
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**Gel, Acrylic Nails
Crystal Nails
Full set from €40**



**3-D Acrylic Art
Manicure
2 Week Manicure
/O.P.I. from €20**



**Express Pedicure
from €25
Full Pedicure
from €45**

WE OPEN EVERY DAY!
TUES - SAT 9AM - 9PM SUN - MON 12PM - 6PM

Laura Hagger Podiatry Clinic

D.Pod.M, M.Ch.S.I, S.R.Ch.

SPECIALIST FOOTCARE/CHIROPODY CENTRE

- Routine Footcare
- Specialist Diabetic Footcare
- Nail Surgery
- Orthoses & Insoles
- Sports Injuries
- Children's Foot Health
- Verruca Treatment
- Acupuncture
- House calls now available
- Rid your feet of fungal nails with the Laser Genesis Plus!
- Effective drug free treatment for onychomycosis.
- Blast those verrucae and warts with fast effective laser treatment.



By Appointment: 021 477 9578

No. 26 Haven Bay Apt, Ballinacubby, Kinsale



CLINIC FOR Physical Therapy - Rehabilitation Functional Exercise

26 Haven Bay Apts., Kinsale

Some Conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

Please call for your appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mob. 087 9872783 Email: sabinegraef@eircom.net

No. 26 Haven Bay Apt, Ballinacubby, Kinsale



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Transition Town Kinsale 50 Mile Meal Award at the Mad Hatter's Taste of Kinsale Saturday 12th October 2013

The Transition Town Kinsale '50 Mile Meal' Award is given to dishes made from produce which has been sourced within 50 miles of Kinsale.

There was a wonderful array of '50 Mile Meals' at the Mad Hatter's Taste of Kinsale: A big 'Thank You' to **Joe McNamee** who had the difficult but enjoyable job of adjudicating them.

Paul O'Callaghan of **Jim Edwards** prepared the
'Most Exquisite' 50 Mile Meal:

TONGUE IN CHEEK

Beef cheeks & tongue - Lordans, Ballinspittle, 12 miles/ Duck Fat - Skeaghanore Farm, Ballydehob, 35 miles/ Herbs and wild garlic - Jack Coffey (works in Jim Edwards), 8 miles/ Vegetables - Ballyfeard Farm, 8 miles/ Onions - John O'Mahony (up the road!)/ Beamish - Cork, 20 miles

Lee Kennedy of **Blu @ The Blue Haven** received the
Transition Town Kinsale Special Commendation for his 50 Mile Dish:

STARGAZY PIE

Shellfish - Haven Shellfish, 21.5 km/ Veg - Kinsale Green Growers, 3 miles/ Cheese - Dan Hegarty, Whitechurch 37.5km/ Stonewell Cider, 15km/ Kanturk Dairy, 46km

Joe made special mention to **'The Forgotten Fish'** prepared by **Martin Shanahan** of **Fishy Fishy** and the **Ballycotton Oysters** prepared by **Daniel Horgan** of **Man Fridays**.

TTK also commended:

The **Summercove Wild Wood Pigeon Terrine** prepared by **Olivier Queva**.

Pigeon supplied by 'Kinsale Gun Club'.

Shannon Keane's 'Pulled Free Range Pork',
sourced from pigs fed by **Diva** scraps all summer.

Toddies for their **Toonsbridge Buffalo Carpaccio**;
produced from the first cull of the Toonsbridge water buffalo herd.

And it was great to see local producers (within 5 miles) appearing again and again:
Horizon Farms, Kinsale Green Growers, Haven Shellfish and **Lordan's of Ballinspittle**.



Kinsale Yoga Centre

68 Lower O'Connell St, Kinsale
YOGA - PILATES - TAI CHI



Autumn Timetable 2013

MONDAY	Pilates on the Ball 10.00 - 11.00am Rose 087 1332326	Mother & Baby Yoga 11.30am Veronique 087 3934389	Yogilates - Heated Fusion 5.00 - 6.00pm Eileen 087 2383849	Prenatal Yoga 6.15 - 7.30pm Eileen 087 2383849	Yoga for Wellbeing 7.45 - 9.00pm Eileen 087 2383849
TUESDAY	Yogilates - Heated Fusion 10.00 - 11.00am Eileen 087 2383849	Over 50s Yoga 11.15am - 12.30pm Eileen 087 2383849		Well Woman Yoga 6.30 - 7.45pm (6 wk course €70) Fiona 086 052 9129	Yin Yoga & Restoratives 8.00 - 9.15pm Eileen 087 2383849
WEDNESDAY	Pilates 10.00 - 11.00am Rose 087 1332326	Beginners & Improvers Yoga 11.30am - 12.30pm Martina 087 6166109	Kids Story Yoga 8 - 12yrs, 4 - 5pm Mary 087 7623822	Hot Yoga 6.15 - 7.30pm Patricia 087 7637514	Yin/Yang Yoga 8.00 - 9.15pm Rose 087 1332326
THURSDAY	Yoga for All Sporting People 6.30 - 7.30am Patricia 087 7637514	Hatha Yoga 10.00 - 11.30am Rose 087 1332326		Dynamic Yoga 6.30 - 7.30pm Veronique 087 3934389	Beginners & Improvers Yoga 8.00 - 9.00pm Martina 087 6166109
FRIDAY	Beginners & Improvers Yoga 10.00 - 11.15am Fiona W 087 6117452				Shamanic Mindfulness 7.00pm - 8.30pm Martin 086 3906849
SATURDAY	Hatha Yoga 10.00 - 11.15am Rose 087 1332326	Tai Chi 11.30am - 1.00pm Simon 085 1691304 (€15 drop in, €60 for 5wks)	SUNDAY	Yin & Meditation 6.00 - 7.30 Rose 087 1332326	

To book classes please phone or text teachers. Courses are 6 weeks,
€60 payable in advance and drop-in €12, unless otherwise stated.

Website: www.kinsaleyogacentre.com Email: kinsaleyogacentre@gmail.com



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Cookery Demos Nov-Dec 2013

BLUE HAVEN HOTEL, KINSALE

Learn to cook delicious food, have fun, meet people and experience something new with the team of chefs at Blue Haven Hotel cookery demos for Nov-Dec 2013 - book soon to reserve your place.



"Lovely food,
enjoyable night"

"Great enthusiasm.
Generous with
people, food & time"

www.bluehavencollection.com

TUE 12th NOV - 7pm *Wholesome Winter Food on a Budget*

Classic winter dishes made easy. Feed a family of 4 for under €10.

TUE 19th NOV - 7pm *Tapas Delights*

Traditional quick and easy tapas dishes to compliment any party or special occasion.

TUE 26th NOV - 7pm *Ultimate Dinner Party*

Become the perfect host with top dinner party tips from our team of chefs.

TUE 3rd DEC - 7pm *Perfect Christmas*

Take the stress out of the Christmas Feast and learn some great festive tips.

All classes on Tuesdays are €25.00 per class or get 4 classes for €90.00
Contact 021-4772209 | info@bluehavenkinsale.com

Triona O'Sul I van

Orthopaedic Massage Therapist (HMT, AK)

Triona has over 20 years experience as a qualified Massage Therapist which involved extensive training of over 1,500 hours in California, USA. Triona is a fully licenced and insured practitioner.

Triona's training included modalities of:

- Swedish Massage
- Minor Sports Injury
- Shiatsu Massage
- Pregnancy Massage
- Deep Tissue Massage
- Acupuncture

SPECIAL DISCOUNT for 1st time visit (in Oct & Nov)
€50 (normally €65)

To contact Triona directly call: 087 986 0069
or email: triona28@yahoo.com

AVAILABLE 2PM-7PM THURSDAYS
Out of Hours Appointments Also Available

Joanna Daly
D.C., MChiro, NMT, BSc (Hons), UCA, MMCAI, LRCC, ANMPT, MBP&S
Kinsale Chiropractic & Associates

(Opposite Jim Edwards, next to Victoria Murphy Auctioneers)

Oscar Madisons

7 MAIN ST, KINSALE

LIVE PREMIERSHIP MATCHES
on our 5 HD Screens

SATURDAY 19TH OCTOBER

Newcastle v Liverpool @ 12.45pm
Man Utd v Southampton @ 3.00pm
West Ham v Man City @ 5.30pm

SUNDAY 20TH OCTOBER

Aston Villa v Spurs @ 4.00pm

HEINEKEN CUP

SATURDAY 19TH OCTOBER

Leinster v Castres @ 3.40pm
Munster v Gloucester @ 6.00pm

SATURDAY NIGHT MUSIC
DJ Mark @ 10.30pm



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on Twitter

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Facebook





JAZZ 2013

OCTOBER 25th-28th

- Line Up -

Blue Haven

Fri 25th
10.30pm **Sharon Crosbie**

Sat 26th
2pm **Cadillac Cats**
5.30pm **Two Time Polka**
10.30pm **Loose Change**

Sun 27th
1.30pm **Sharon Crosbie**
4.30pm **Two Time Polka**
7.30pm **The Sons of Steve McQueen**
10.30pm **Aristocrats**

Mon 28th
6.30pm **Barefoot Gypsies**
9pm **Loose Change**

Hamlets Café Bar

Fri 25th
10.30pm **Crazy Chester**

Sat 26th
2pm **Loose Change**
5.30pm **King K**
8pm **Crazy Chester**
10.30pm **Blue Fusion**

Sun 27th
2pm **Crazy Chester**
5pm **Blue Fusion**
7.30pm **Aristocrats**
10.30pm **Papa Zitas**

Mon 28th
3pm **Sharon Crosbie**
7pm **Crazy Chester**

T: 021-4772209 | www.bluehavenkinsale.com
www.bluehavencollection.com



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Restaurant & Wine Bar
3 CORK STREET, KINSALE

021 4772847 crackpots@iol.ie www.crackpots.ie

Open Tues - Sun from 6pm

**WE HAVE A NEW TAPAS
MENU AND GREAT NEW
AUTUMN MAIN COURSES**

NOW OPEN FOR SUNDAY LUNCHES

TAPAS

TARTE PROVENÇAL €8

MARINATED BABY BACK RIBS €8

CRISPY CALAMARI €8

BALLINACLASHET MUSSELS €8

PRAWN & SWEET POTATO FRITTERS €9

PAN-FRIED GARLIC KING PRAWNS

Starter €9 Main €17

SHARING PLATES 2 TO 3 PEOPLE

BASKET OF HOMEMADE BREADS €4

OLIVES AND SALTED ALMONDS €6

ANTIPASTA PLATE €15

WHOLE BAKED CHEESE €12

COLD SEAFOOD PLATTER €15



PIANO BAR EVERY FRIDAY

With Billy Crosbie and guest singers.

JAZZ FESTIVAL

*Featuring Billy Crosbie with the
smooth jazz singer Deirdre McCallum
performing many great jazz classics
and turning up the heat and the beat!
Including a tribute to Billie Holliday.*

Also, returning to Crackpots

OUR FANTASTIC WINE TASTING DINNER

with Guest Speaker on 6th November

LIMITED PLACES SO BOOK NOW

TABLE TOP SALE Car Boot Sale meets Art & Craft Fair

Ballinspittle Community Hall
Sunday 20th October
11am-3pm

€2 Suggested Donation at door.

Sellers' fees + % of takings
going to the

www.bringthemhome.ie fund.

Visit website for more info on this cause.

*Escape from the stress of everyday life,
and pop into us at*



Pearse Street Kinsale (above Eurospar)
Gift Vouchers available • Salon open Monday to Saturday

**FULLY QUALIFIED
& EXPERIENCED THERAPISTS**
ready to spoil you at very reasonable prices.

Check out our price list on
www.kinsalebeautysalon.com

Like us on  to get updated
on Special Offers, Opening Hours etc.

Phone us now on 087 783 9626
to book an appointment.

AND REMEMBER
FREE Eyelash Tint and Eyebrow
Wax & Tint with EVERY Facial.



CHECK OUT OUR... WORLD BEERS MENU

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobgoblin Ale, London's Pride Ale.
NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Carrig Irish Craft Lager

Music Venue
Guardwell, Kinsale
T: 021 4772382
www.folkhousevenue.com



...ALSO
UNRIVALED
WHISKEY
SELECTION!



NEW GIN MENU
AVAILABLE
Over 25 to
choose from!

FRI 18th OCT AFTERHOURS
10.30pm *3 Piece Classic Guitar Rock Covers*

SAT 19th OCT FIRE DRILL
10.00pm *4 Piece Rock Covers*

SUN 20th OCT KING K
9.00pm

THUR 24th OCT BOSQUITOS
9.30pm *Touring lively Jazz Band from Holland*

FRI 25th OCT TENOR MADNESS QUINTET
7.30pm

STRINGFELLOWS
10.00pm

**ALL PARTIES
CATERED FOR**
IN THE
GREEN ROOM

**ALL SPORTS
SHOWN**
ON 2 BIG
SCREENS

Bacchus-Nightclub

FRI 18th OCT - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 19th OCT - DJ SEAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

THURS 24th OCT - DJ MARK

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am



**CAPTAIN
TORTUE
GROUP**



**ACTONS HOTEL
SATURDAY 26th &
SUNDAY 27th OCT
11.00am - 6.00pm**

Come and meet Denise 087-9517400
& Marion 086-2855054 on Saturday
and Ruth 087-2166667 &
Rose 087-2953404 on Sunday,
where we will be selling our
Autumn/Winter Collection.

**Fabulous French Ladies Fashion
Sold From The Home
Fashionable, Unique & Extremely Chic!!
www.captaintortuegroup.com**

The Speckled Door

Old Head, Kinsale.

T: 021 477 8243 www.speckleddoor.com

Spectacular Views of Kinsale Harbour
from bar, restaurant, patio & beer garden!
10 minutes drive from Kinsale
Ample Parking & Wheelchair Facilities



Food Served 7 Days 12.30pm - 7.45pm
~ Full Menu served all day ~
Also Kid's Menu & Selection of Sandwiches
Renowned for Lordan's T-Bone Steaks



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HAIR SALON

LADIES, GENTS & CHILDREN



**Hallowe'en is coming soon...
Special Face Painting for Kids...
Don't forget to book in time!**

**Have you started to
organise your Hallowe'en
Party already?**



Hair Styles



Make-up



Nail Art

WE OPEN EVERY DAY! TUES - SAT 9AM - 9PM SUN - MON 12PM - 6PM



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"Realistic Training & Fitness Programs for Real Lives"



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Let our trainers help you get in shape for the Festive Season with our **8 WEEK PERSONAL TRAINING PACKAGE**

Weekly personal training session
Weekly class of your choice
Food plan with recipes
Improve your nutrition & training knowledge
Full time support

ALL FOR €365

CLASSES TIMETABLE

MONDAY	06.45 18.30 19.30	SPINNING SPIN & ABS SPIN & ABS
TUESDAY	10.30 18.15	LADIES CIRCUITS LADIES CIRCUITS
WEDNESDAY	06.45 18.30 19.30	SPINNING SPIN & SCULPT SPIN & SCULPT
THURSDAY	10.00 18.15 19.30	TOTAL BODY BLAST TOTAL BODY BLAST MENS INTENSE CIRCUITS
SATURDAY	07.00 08.15 09.30 10.45	MENS INTENSE CIRCUITS SPIN & ABS SIMPLY SCULPT: 6 week course SIMPLY SCULPT: 6 week course

PAY AS YOU GO
€10

6 CLASS PASS
€55
ANY CLASS / ANY TIME

10 CLASS PASS
€85
ANY CLASS / ANY TIME

To book call
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or email
classes@roguefitness.ie

Rogue Fitness, The Granary, Kinsale
Phone: 021 477 7538



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LEARN TO RIDE



KINSALE EQUESTRIAN CENTRE

Beginner Horse RIDING LESSONS

STARTING Saturday, 2nd November, 2013

Sat 2nd November - KIDS BEGINNER - 11am & 12noon - 4-11 yrs Cost: €15

Sat 2nd November - TEENAGE BEGINNER - 4pm - 12-18 yrs Cost: €20

Wed 6th November - ADULT BEGINNER - 8pm - 18+ yrs Cost: €20

Thur 7th November - KIDS BEGINNER - 5pm - 5-11 yrs Cost: €15



Kinsale Equestrian Centre, Bridgeview, Kippagh, Kinsale, Co. Cork.
Phone/Text Zoe on 086 8530894 Email: info@kinsale-equestrian.ie
www.kinsale-equestrian.ie





Courtyard Café

Ireland Guide Café of the Year 2014



ARTISAN HOME BAKING

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HEARTY SOUPS & LUNCH SPECIALS

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CAKES & PASTRIES

-

OYSTERHAVEN BAY[®] ARTISAN PRODUCE

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WINES, BEERS & GREAT COFFEE



Autumn Opening Hours: Saturday & Sunday: 11am - 5pm-ish

To keep our prices reasonable we do not accept credit cards...Why make the Banksters any richer?



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www.WaltonCourt.com www.OysterhavenBay.com



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JAZZING

IT AT

Actons
of Kinsale



SUNDAY 27th OCTOBER

3.00pm **Loose Change**

6.00pm **Cadillac Cats**

8.30pm **Loose Change**

10.15pm **Billy Crosbie**

with Jimmy O'Byrne & friends.

MONDAY 28th OCTOBER

3.00pm **Stringfellows**

PHONE: 021 477 9900


Pearse St., Kinsale Tel: 021 4777 888

PRESENTS

Buzzy Bees Photo Extravaganza



Baby & Toddler Photography Event Themed & Casual Portraits

Takes place on
Wednesday 23rd - Thursday 24th
Tuesday 29th - Wednesday 30th October

Booking Essential - Ask In-store for Packages & Booking Times





ANTENATAL PILATES

5 WEEK COURSES

Starting Monday 21st Oct - 6.45pm

- reduce your backache
- improve your posture
- feel calm, relaxed and energised
- make more room for your growing baby
- achieve a flatter stomach and pelvic floor control more quickly after delivery

Just some of the benefits for you & your baby.
Best suited to women in their 2nd & 3rd trimester.

Max 5 people per course

Phone/Text Trudy 087 610 6285
Email: trudy@kinsalepilatesstudio.ie



All classes are now held in
Rogue Fitness, The Granary, Kinsale.

Angel's Secrets

Short Quay, Kinsale Health & Beauty Care

24K GOLD TREATMENT

The benefits flowing to the skin with the use of 24K gold:

- Stimulates production of collagen and elastin
- Slows down the process of limping skin
- Firms the skin and smooths wrinkles
- Increases elasticity of skin
- Increases skin metabolism
- Stimulates blood circulation - effect of heat
- Regenerates and stimulates the activity of skin cells
- Quenches inflammation and destroys free radicals
- Works anti-acne
- Effectively reduces discoloration of the skin
- Gives the skin an unique glow
- Illuminates the complexion



For appointments call:
021 477 4703 087 741 8877



AUNTY NELLIES

GOLDEN TICKET COMPETITION

**MAIN PRIZE MUST BE WON THIS WEEKEND!
SUNDAY 20TH OF OCTOBER**

**1st Prize €100 Hamper
& Entry into Draw for Year's Supply of Sweets!
6 Golden Ticket Prizes MUST be won!**

TRIDENT

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Harp Battered Fish & Chips	€11.50
Scallop Salad <i>with Green Asparagus</i>	€15.50
Buffalo Mozzarella Caprese Salad	€10.50
Sesame Crusted Tuna <i>with Wasabi Mash</i>	€15.50

*Please note this is a sample menu
& changes every evening*

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www.kinsaleheritage.com

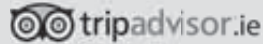
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HISTORIC STROLL
 KINSALE

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 best attraction"* Rick Steves

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Adults €6 / Children €1

-CELEBRATING OUR 21ST SEASON-

COMMUNITY BODY
TRANSFORMATION CHALLENGE!!

STARTS
 21st
 OCT

It's FUN and SIMPLE! If you can walk, you can do it!

- 4 weeks of FUN Group Fit Sessions
- ALL Fitness Levels Welcome
- FREE for all who complete a Wellness Evaluation and Orientation (19th Oct)
- End of Challenge PARTY!



The Body Transformation Challenge encourages you to reach your ultimate goal and be the best you can be whether it be weight loss, body fat loss or even gaining muscle.

ONLY 25 PLACES! Book your place NOW and bring a friend!
 Aimee - 086 106 1577

HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Cruises on
Saturday and Sunday:
 2pm

Please see sandwich board at Tourist Office & Pier Rd. for updated times.

Complimentary Tea/Coffee Served
 Cruises are subject to weather and tide.

T: 086 250 5456
www.kinsaleharbourcruises.com



Toddler Music (Walking - 4 years, with carer)
 NEW 6 WEEK TERM - €60
 Starting Sat 9th Nov. - St. Multose Hall.

Instrumental Classes For children and adults
 SMALL NUMBER OF SPACES AVAILABLE

Piano • Electric Guitar • Violin • Flute • Bodhrán • Ukulele • Tin Whistle
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KINSALE ADVERTISER

WHAT'S ON IN KINSALE FRI 18th OCT - THURS 24th OCT 2013

FRI 18th OCT

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Crazy Chester, 10pm.

CODER DOJO:

7pm-9pm at Avego, Kinsale Commercial Park.

Bring laptop.

CRACKPOTS:

Piano Bar with Billy Crosbie.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:
The Tourist Office, 11.15am.

FOLKHOUSE:

Afterhours, 10.30pm.

HAMLETS:

DJ Rayz.

KINSALE MUSEUM:

Open 10.30am - 1.30pm.

O'CONNOR'S PHARMACY:

Nuxe Promotion In-store.

SILENT BANJO:

The Thin Line, 10.30pm.

SPANIARD BAR:

Jug A Punch, 10pm.

SAT 19th OCT

ARMADA BAR:

Whiskey & Lace.

BACCHUS NIGHTCLUB:

DJ Sean, 11.30pm.

BANDON CO-OP:

1st Anniversary Sale.

BLUE HAVEN:

Billy Crosbie & Friends, 9.30pm.

BULMAN BAR:

Bluejays, 10pm.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office, 11.15am.

FOLKHOUSE:

Fire Drill, 10pm.

HAMLETS:

DJ Party Night

& Cocktail Bar.

KINSALE HARBOUR

CRUISE: Cruise at 2pm.

KINSALE MUSEUM:

Open 10.30am - 1.30pm.

OSCAR MADISONS:

DJ Mark, 10.30pm.

SILENT BANJO:

King K, 10.30pm.

SPANIARD BAR:

For Folk Sake, 10pm.

WHARF TAVERN

AT THE TRIDENT HOTEL:

The Long Note, 9.30pm.

WHITE HOUSE:

Don & Sean, 10.30pm.

SUN 20th OCT

ARMADA BAR:

The Merry Stems, 7pm.

AUNTIE NELLIES:

Golden ticket competition prize to be won today.

BLUE HAVEN:

Sonnie & Friends, 9.30pm.

BULMAN BAR:

Trad Session, 6pm.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office, 11.15am.

FOLKHOUSE:

King K, 9pm.

HAMLETS:

Niall McCabe Band.

KINSALE HARBOUR

CRUISE:

Cruise at 2pm.

TABLE TOP SALE:

Ballinspittle Community Hall, 11am - 3pm. In aid of Bring Them Home Fund.

MON 21st OCT

BLUE HAVEN:

Trad with Arundo, 9.30pm.

CÉILÍ FIT: Irish Céilí and Set

Dancing. White Lady Hotel, 8.30pm - 10.30pm.

DALTONS BAR: Trad.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office, 11.15am.

TUES 22nd OCT

ARMADA BAR:

The Merry Stems, 9pm.

BLUE HAVEN:

Sonnie & Friends, 9.30pm.

DALTONS BAR: Trad.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office, 11.15am.

K-CORD: Volunteer Training.

Friary Centre, 7pm - 10pm.

KINSALE PHOTOGRAPHIC

SOETY:

Talk with John Collins, 7.30pm at St. Multose Hall.

WED 23rd OCT

ARMADA BAR:

The Merry Stems, 9pm.

BLUE HAVEN:

Niall McCabe Band,

9.30pm.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office, 11.15am.

KINSALE MUSEUM:

Open Weds to Sat 10.30am - 1.30pm.

O'CONNOR'S PHARMACY:

Buzzy Bees Photo Extravaganza, Baby & Toddler photography in-store.

SPANIARD BAR:

Easy Folk with Joe, 9.30pm.

THURS 24th OCT

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Trad with Arundo, 9.30pm.

DALTONS BAR: Trad.

DERMOT RYAN'S

HERITAGE WALKS:

10.30am from the Tourist Office. 3pm by appointment.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office, 11.15am.

FOLKHOUSE:

Bosquitos, 9.30pm.

HAMLETS: King K.

O'CONNOR'S PHARMACY:

Buzzy Bees Photo Extravaganza, Baby & Toddler photography in-store.

WHITE HOUSE:

Shane & Friends, 9pm.

KINSALE ADVERTISER

Don't forget to book your ads for the Jazz Festival and Hallowe'en.

Email: info@kinsaleadvertiser.com

Kinsale & District

NEWSLETTER NOW ON SALE



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35

www.facebook.com/KinsaleNews





First Anniversary SALE

SATURDAY 19TH OCTOBER

*Early Bird Offers
from 8.30am*

FOR ONE DAY ONLY, TO CELEBRATE OUR 1ST BIRTHDAY AND
THANK OUR CUSTOMERS FOR THEIR SUPPORT OVER THE LAST YEAR

5 ONLY

KENWOOD PROSPERO MIXER

RRP: €239.99

SAVE €70

NOW €169.99



10 ONLY

morphy richards JET STREAM IRON

RRP: €99.99

SAVE €30

NOW €69.99



5 ONLY

NORMENDE 5KG WASHING MACHINE

RRP: €219.99

SAVE €60

NOW €159.99



5 ONLY

BEKO 3.6 CU.FT CHEST FREEZER

A+ ENERGY RATING

RRP: €184.99

SAVE €55

NOW €129.99



10 ONLY

STANLEY OISIN STOVE

RRP: €499.99

SAVE €60

NOW €439.99



20 ONLY

DULUX SUPERMATT WHITE 10L

€0.29 PER LITRE

RRP: €29.99

SAVE €27

NOW €2.99



15% Off Lighting (Lamps and Lamp Shades)

10% Off Mirrors

Free Fitting With All Carpets

Free Fitting And Underlay With All Wool Carpets

10% Off Petcare (Excluding Pet Food)

Lots Of Other Items At Special Low Prices On The Day

Competition!
Buy a Waterford Stanley Stove or Firebird Oil Boiler on October 19th and be entered into a draw to receive €500 back on your purchase. Winner will be drawn on Oct 29th

19th October Only



EARLY BIRD OFFERS AVAILABLE IN OUR KINSALE STORE ONLY. ONE EARLY BIRD ITEM PER CUSTOMER. ITEMS CAN NOT BE PRE-BOOKED.

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Opening Hours: Mon - Fri 8.30am - 5.30pm. Sat 8.30am - 4.30pm



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